



Thanks so much for sharing your interest in volunteering with YMCA Youth Sports programs. While we rely heavily on family volunteers, as a community organization we always welcome additional volunteer support. This document contains general information about our primary sports programs as well as the required volunteer application and code of conduct forms.

WHAT DO WE OFFER?

Winter Basketball

- 4-year-olds through 8th graders
- Season runs early-mid Jan through early-mid Mar
- Teams created in mid-Nov through early-Dec

Spring Soccer

- 3-year-olds through 6th graders
- Season runs early-mid April through early-June
- Teams created in mid-late March

Summer T-Ball/Coach Pitch Baseball

- 3-8 year olds
- Season runs late June through early-mid August
- Teams created in late-May through early-June

Fall Soccer

- 3-year-olds through 6th graders
- Season runs mid-Sept through early-mid Nov
- Teams created in mid-late August

Most of our programs run strictly on Saturdays at the YMCA, local parks, or school gymnasium facilities. The only exception is our older basketball divisions (4th-8th graders) that have assigned weeknight practices during their season. For Saturday-only seasons, playing sessions are designated on the schedule as practices, games, or practice/game “hybrid” dates. All playing sessions, regardless of their designations, are for one hour.

WHAT ARE YMCA SPORTS ALL ABOUT?

Our goal each season is to create a fun-focused, instructional, low-key, team sports opportunity for our players. Many youth come to us as beginners, but we also see lots of experienced players interested in a less-competitive recreational league. Beyond learning sport-specific skills, we want to incorporate the Y’s core values of Caring, Honesty, Respect, and Responsibility. The pillars of YMCA Sports are: *Everyone Plays, Safety First, Fair Play, Positive Competition, Family Involvement, Sport for All, and Sport for Fun!*

HOW CAN YOU SERVE?

Primarily our volunteers work directly with our teams as coaches (head, assistant, or “co-coaches”). There are also opportunities as game officials (basketball), site support teams (all sports), or administrative contributors (preseason preparations). We need volunteers who support what YMCA sports are all about and have the positive enthusiasm, dedication, patience, and caring nature to support the youth in our programs.

WHEN SHOULD YOU CONTACT THE YMCA ABOUT HELPING?

While we often add volunteers to help our teams even after a season has begun, ideally we would like to be aware of our available volunteers as teams are created (estimated above for each season). That allows us the flexibility to place volunteers according to their preferences and helps us utilize available coaches as efficiently as possible.

We welcome volunteers that wish to serve with others they know, and are also glad to plug in single volunteers with others to help lead a team. Feel free to note any co-volunteer intentions or division preferences directly on the volunteer application.

WHO SHOULD YOU CONTACT?

Mike Meyen, Sports Director, mmeyen@chcymca.org, 919-442-9622 ext 125

Aubrey Vinson, Sports & Teens Coordinator, avinson@chcymca.org, 919-442-9622 ext 133

HOW WILL YOU RECEIVE TEAM & DIVISION SEASON DETAILS?

E-mails and hard copy mailings of season information are mailed out in advance of the season (~2 weeks in advance of “Opening Day”). We will set preseason volunteer meeting options in advance of most seasons. Generally those are set just prior to the season starting up so we can get everyone set for start (with the exception of basketball season where we generally have meeting options prior to the holidays and UNC winter break). If a season is fast approaching and you are unaware of preseason meeting options, please contact either of the sports department staff listed above for that information.

Please do not hesitate to contact us with any questions you may have related to our programs!

Chapel Hill-Carrboro YMCA

Youth Sports Volunteer Application

(***Required for all COACHES, Officials, & Other Supporting Volunteers***)

(Please submit SIGNED form to the CHC-YMCA at your earliest convenience, 980 Martin Luther King Jr. Blvd, Chapel Hill, NC 27514 or FAX to 919-942-0256)

Last Name: _____ First Name: _____ M.I.: _____

Date of Birth: ____/____/____ T-Shirt Size: _____ E-Mail: _____

Daytime Phone: _____ Evening Phone: _____

Street Address*: _____ City: _____ ZIP: _____

*If you have lived at this address less than 3 years, please list past addresses below for those years.

Address	City	State	Applicable Dates
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Name of Participating Child(ren), if applicable: _____

Please indicate the volunteer position(s) your are interested in: _____

Non-Parent Volunteers Please indicate any divisional preferences or "co-volunteer(s)" you intend to serve with: _____

References (please list at least one relative):

Name: _____ Phone: _____ Relationship: _____

Name: _____ Phone: _____ Relationship: _____

Name: _____ Phone: _____ Relationship: _____

Have you ever been convicted of a felony? _____ Yes _____ No

If yes, please describe in full the circumstances: _____

I understand that this application does not guarantee that I will be selected as a volunteer with the Chapel Hill – Carrboro YMCA. All of the information given on this form is true to the best of my knowledge and any false information may cause the suspension of my obligations as a YMCA volunteer. I understand that a criminal background check will be conducted and references checked based on the information I have provided. I further understand that I cannot begin serving as a volunteer until the criminal background check is completed.

Signature: _____ Date: _____



We build strong kids, strong families, strong communities.

Chapel Hill – Carrboro YMCA: Sports Volunteer Code of Conduct

1. To protect YMCA staff, volunteers, and program members, at no time during a YMCA program may a staff person or volunteer be alone with a single child where he or she cannot be observed by others. As staff/volunteers supervise children, they should space themselves in such a way that other staff/volunteers can see them.
2. Staff and volunteers shall never leave a child unsupervised.
3. Staff and volunteers shall not abuse children in any way, including
 - physical abuse—striking, spanking, shaking, slapping, and so on;
 - verbal abuse—humiliating, degrading, threatening, and so on;
 - sexual abuse—touching or speaking inappropriately;
 - mental abuse—shaming, withholding kindness, being cruel, and so on;
 - neglect—withholding food, water, or basic care.

No type of abuse will be tolerated and may be cause for immediate dismissal.

6. Staff and volunteers must use positive techniques of guidance, including redirection, positive reinforcement, and encouragement rather than competition, comparison, and criticism. Staff and volunteers will have age-appropriate expectations and set up guidelines and environments that minimize the need for discipline.
7. Staff and volunteers will conduct a visual health check of each child upon his or her arrival each time the program meets, noting any fever, bumps, bruises, burns, and so on. Volunteers will inform the YMCA director in charge of the program if there are any questionable marks.
8. Staff and volunteers will respond to children with respect and consideration and treat all children equally, regardless of sex, race, religion, culture, socio-economic status, or disability.
9. Staff and volunteers will respect children's rights not to be touched or looked at in ways that make them feel uncomfortable, and their right to say no.
10. Staff and volunteers will refrain from intimate displays of affection toward others in the presence of children, parents, and staff.
11. Staff and volunteers must appear clean, neat, and appropriately attired.

12. Using, possessing, or being under the influence of alcohol or illegal drugs volunteering is prohibited.
13. Smoking or use of tobacco in the presence of children or parents while volunteering is prohibited.
14. Possession or use of any type of weapon or explosive on YMCA property is prohibited.
15. Profanity, inappropriate jokes, sharing intimate details of one's personal life, and any kind of harassment in the presence of children, parents, volunteers, or other staff is prohibited.
16. Staff and volunteers will portray a positive role model for youth by maintaining an attitude of loyalty, patience, courtesy, tact, and maturity.
17. Staff and volunteers are to report to a YMCA Director any other staff or volunteer who violates any of the policies listed in this Code of Conduct.
18. Staff and volunteers are required to read and sign all policies related to identifying, documenting, and reporting child abuse and attend trainings on the subject, as instructed by a supervisor.
19. Staff and volunteers will act in a caring, honest, respectful, and responsible manner consistent with the mission of the YMCA.

I understand that any violation of this Code of Conduct may result in lose of volunteer privileges.

Volunteer's Name (Please Print)

Employee or volunteer signature

Date

Supervisor signature

Date

Revised 12/16/04